

Practical Sports Nutrition By Louise Burke

By Louise Burke

Prof. Louise Burke . University: Australian Institute of Sport; Prof. Louise Burke's She has been Head of Sports Nutrition at the Australian Institute of

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Louise Burke is author of Clinical Sports Nutrition book and and 47 more book like Complete Guide to Food Practical Sports Nutrition and Caffeine for Sports

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Louise Burke. As sports nutrition knowledge and practice become increasingly sophisticated, there is new appreciation of the fact that all athletes have different

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Author information. Louise Burke is a sports dietitian who has worked with elite athletes for over 25 years. She is founder of the department of sports nutrition at

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